

# DROPS OF KNOWLEDGE FOR RIVERS OF CHANGE



GLOBAL TEACHING  
AND LEARNING MATERIAL

A hands-on guide to teaching  
and learning about  
water, sanitation, hygiene,  
and the environment

SWAROVSKI  
WATERSCHOOL

# ACTIVITIES FOR SWAROVSKI WATERSCHOOL PROGRAMS

The activities in this section are for Swarovski Waterschool coordinators, teachers, facilitators, and other adult users of this guide. They are intended to support groups in defining the overall objectives and plans for delivering a sustainable Swarovski Waterschool program.

## **ACTIVITY 1.1: TEAM BUILDING (TANGLE/UNTANGLE) EXERCISE**

This activity is designed to be used at the beginning of a Swarovski Waterschool teacher-training workshop to focus on cooperation, team building, and participation.

**Group Size:** 8-20 / **Time:** 15-20 minutes / **Goal for Learning:** Demonstrate that cooperation and team efforts are effective problem-solving techniques.



**Materials:** None

### **ACTIVITY STEPS:**



- 1 Ask one person to volunteer as the “director” and have them stand off to the side. Ask the other participants to form a circle standing shoulder to shoulder. Then, have each person reach out and join right hands with anyone in the circle who is not next to them and repeat with left hands to form a human knot.
- 2 After the participants have formed the knot, the director is asked to untie them. Everyone must follow the director’s instructions cooperatively. They may not move unless told to do so. Keep track of the time this takes.
- 3 When the group has been untied, the director is asked to join the circle and to form the knot once again. This time, they must untie the knot by themselves, without the help of a director, who represents outside influence. (Note: It should be much easier.) Keep track of the time this takes, and compare the times with and without the director.

## ACTIVITY 1.1

- 4 Ask the group what they thought the exercise was about. They will likely comment on teamwork, cooperation, not relying on one director, etc. Encourage this to evolve into a discussion on the issue of teamwork for leading a Swarovski Waterschool.

SWS BRAZIL, TEAM BUILDING ACTIVITY

